

LUNCH MENU

AVAILABLE: 12pm - 2pm

PRICE: \$15 | \$17

Salt & Pepper Calamari ^{GFO}

Fried strips of lightly floured calamari with salt and pepper seasoning, house made lime aioli and served with your choice of chips and salad.

Fish & Chips ^{GFO}

Beer battered fish with lemon and tartare, served with your choice of chips and salad or vegetables. (GFO = Grilled fish)

Roast of the Day ^{GFO}

Served with traditional condiments and your choice of chips and salad or vegetables. Please ask staff or see specials board for today's option.

Lunch Chicken Schnitzel

Chicken schnitzel served with chips and salad or vegetables plus your choice of gravy or sauce.

Lunch Chicken Parma

Chicken schnitzel with Napoli, ham and cheese, served with chips and salad or vegetables.

Linguine Carbonara ^{GFO}

Sauteed bacon, mushroom, onion, and garlic, finished with white wine and cream, topped with parmesan cheese.

Chicken Tenderloins

Sweet chilli crumbed chicken tenderloins, served with a mixed garden salad and finished with a house made sweet chilli and black sesame sauce.

Sweet & Sour Pork Stir-Fry

Sweet and sour pork tossed with capsicum, spinach, onion, cabbage, carrot, hokkien noodles, finished with sesame seeds.

Crispy Fried Chicken Burger

Crispy fried chicken on brioche roll with lime aioli, lettuce & tomato.

Veggie Burger ^V

Oven-baked veggie patty with caramelized onion, tomato relish, spinach, grilled mushroom and mayo, served in matcha brioche roll.

ENTRÉE

Garlic Bread ^V \$7 | \$9

4 large triangles of toasted bread smothered in garlic butter.

Cheesy Garlic Bread ^V \$10 | \$12

Garlic bread topped with cheese, oven baked until melted and golden.

Chilli Cheese Bread ^V \$10 | \$12

Garlic bread topped with chilli and cheese, oven baked until melted and golden.

Chicken Spare Ribs ^{GFO} \$12 | \$14

Crispy southern fried chicken ribs served with house made BBQ and blue cheese dipping sauces.

Salt & Pepper Calamari ^{GFO} \$12 | \$14

Strips of lightly floured calamari with salt and pepper seasoning, fried and served with house made lime aioli.

Garlic Prawns \$14.⁵⁰ | \$16.⁵⁰

Prawns sauteed in creamy garlic sauce with onions, red capsicum and spinach, served with rice.

MAIN

Fish & Chips ^{GFO}

FULL: \$24 | \$26 HALF: \$16 | \$18

Beer battered fish with lemon and tartare, served with your choice of chips and salad or vegetables. (^{GFO} = Grilled fish)

Salt & Pepper Calamari Salad ^{GFO} \$28 | \$30

Lettuce, tomato, cucumber, shredded cabbage, carrots, spring onion, house made Nam Jim dressing, pickled beetroot and mandarin segments topped with our salt and pepper calamari and lime aioli.

Garlic Prawns ^{GFO} \$28 | \$30

Prawns sauteed in creamy garlic sauce with onions, red capsicum and spinach, served with rice.

Asian Braised Sticky Duck Shanks \$27 | \$29

Served on hokkien noodle stir fry with spring onions, red capsicum, spinach, carrots, red cabbage, finished with sesame seeds.

Continued...

CHAMPIONS

Family Bistro

Chicken Schnitzel \$22 | \$24

Chicken schnitzel with chips and salad or vegetables, served with your choice of gravy or sauce.

Chicken Parmigiana \$24 | \$26

Chicken schnitzel topped with ham, Napoli, and cheese, served with your choice of chips and salad or vegetables.

Chicken Kiev \$24 | \$26

Crumbed chicken breast stuffed with garlic butter, oven baked until golden and served with your choice of chips and salad or vegetables.

Moroccan Atlantic Salmon \$28 | \$30

Moroccan spiced Atlantic salmon served on citrus sauce with warm brown rice and a couscous salad including mixed nuts, sultanas, cranberries, spring onion and spinach with Nam Jim dressing.

Roast of the Day \$20 | \$22

Served with traditional condiments and your choice of chips and salad or vegetables. Please ask staff or see specials board for today's option.

Curry of the Day

Please ask our friendly staff or see specials board for today's option.
Priced accordingly.

Steak Sandwich \$22 | \$24

Chargrilled sirloin steak, bacon, caramelized onion, egg, tomato, lettuce, swiss cheese and relish in toasted sourdough with a side of chips.

Pork Tenderloin \$26 | \$28

Succulent pork tenderloin served with chips and salad or veggies, topped with creamy honey mustard sauce.

Thai Beef Salad ^{GF} \$27 | \$29

Seared beef tossed though lettuce, tomato, cucumber, onion, carrot, red capsicum coriander and cabbage with a black sesame dressing.

Polenta Stack ^V \$24.50 | \$26.50

Seared polenta and semi-dried tomatoes, spinach, onion, red capsicum, roast pumpkin and Napoli sauce topped with lettuce and feta cheese, finished with a balsamic glaze.

CHAMPIONS

Family Bistrot

PASTA

Linguini Carbonara ^{GFO}

FULL: \$22 | \$24 HALF: \$16 | \$18

Sauteed bacon, mushroom, onion and garlic, finished with white wine and cream, topped with parmesan cheese.

Penne Mediterranean ^{V/GFO}

FULL: \$22 | \$24 HALF: \$16 | \$18

Sauteed onion, red capsicum, olives, semi-dried tomatoes, roast pumpkin, spinach and Napoli sauce.

Linguini Bolognese ^{V/GFO}

FULL: \$22 | \$24 HALF: \$16 | \$18

Our classic beef Bolognese topped with shaved parmesan.

Scallop & Bacon Penne ^{GFO}

FULL: \$26 | \$28 HALF: \$20 | \$22

Local scallops, bacon, onion and red capsicum, tossed in creamy garlic sauce and topped with spinach.

Linguini Marinara ^{GFO} \$30 | \$32

Sauteed prawns, scallops, calamari and mussels with red capsicum, spinach, spring onions and capers simmered in Napoli sauce and finished with lemon zest and parmesan cheese.

STEAK

Our char-grilled steak includes one sauce of your choosing and your choice of chips and salad or vegetables.

GFO available

Porterhouse 200g \$24 | \$26

Scotch Fillet 300g \$36 | \$38

SAUCE

Gravy: Traditional, Mushroom, Pepper - \$3
Aioli, Tomato, BBQ, Tartare - \$2
Garlic Sauce - \$3

SIDE

Beer Battered Chips ^{GFO} - \$5
Garden Salad ^{GF} - \$4
Seasonal Vegetables ^{GF} - \$4

TOPPER

Garlic Prawn Topper - \$8

KIDS MENU

For ages 12 and under

Meal only: \$10 | Meal & Soft Serve Bar: \$13

Penne Bolognaise ^{GFO}

Penne Carbonara ^{GFO}

Sauteed bacon, onion and garlic finished with cream,
topped with parmesan cheese.

Sweet & Sour Chicken Stir Fry
with hokkien noodles

Chicken Nuggets & Chips

Battered Fish & Chips ^{GFO}

(GFO = Grilled fish with vegetables)

Cheeseburger & Chips

DESSERT

\$9.50 each

Choc Lava Cake

A rich warm chocolate pudding oozing with chocolate ganache, served with a scoop of ice cream.

Sticky Date Pudding

Traditional sticky date pudding served with warm butterscotch sauce and ice cream.

Lemon Meringue

Zesty lemon curd in a short bread pastry topped with sticky meringue, served with fresh strawberries.

New York Cheesecake

Vanilla baked cheesecake served with berry coulis and whipped cream.

Apple & Rhubarb Crumble ^{GF}

Stewed apples and rhubarb in an orange and almond meal base, topped with a fine crumble, served with berry coulis and whipped cream.

Tiramisu

Ladyfinger biscuits dipped in coffee, layered with a whipped mixture of eggs, sugar, and mascarpone cheese, flavoured with cocoa, served with whipped cream and berry coulis.

SOFT SERVE ICE CREAM

All you can eat soft-serve style ice cream made with real milk.

\$6 per person

Ice Cream Flavours:

Chocolate
Vanilla

Toppings:

Strawberry
Chocolate
Caramel